

Rays of the One Light

Week 6

The Importance of Soul-Receptivity

Truth is one and eternal. Realize oneness with it in your deathless Self, within.

The following commentary is based on the teachings of Paramhansa Yogananda.

Chapter 1 of the Gospel of St. John states:

But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name.

This was a passage Paramhansa Yogananda often quoted to his disciples. “Be in tune,” he would tell them. “Delusion can’t touch you, if you will keep in tune.”

“A few of you will fall,” he said once. “But it needn’t be, if you would stay in tune.”

Of a disciple who became highly advanced, even though she didn’t meditate much, he said, “She got there by attunement.”

To one who found meditation difficult, he said, “I will meditate for you, as long as you stay in tune.”

Truth is a state of consciousness, not a well-worded definition. It is in that consciousness, above all, that our lives are transformed. Therefore the Bhagavad Gita says, in the tenth Chapter:

To those who are ever attached to Me, and who worship Me with love, I impart discernment, by means of which they attain Me.

Out of My love for them, I, the Divine within them, set alight in them the radiant lamp of wisdom, thereby dispelling the darkness of their ignorance.

Thus, through holy scripture, God has spoken to mankind.

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